

#UseYour6

As a Bar member, you are entitled to six free clinical sessions per calendar year with an independent, fully licensed counselor near you. All sessions are strictly confidential.

HELP IS A PHONE CALL AWAY

The State Bar of Georgia's Lawyer Assistance Program (LAP) is a confidential counseling and referral program that helps Georgia lawyers and judges challenged by substance abuse and mental health issues, including depression, anxiety and stress.

CONFIDENTIALITY IS OUR CORNERSTONE

Your confidentiality is protected under Bar Rule 7-302. In order to put the needs of lawyers first and ensure confidentiality, the services are provided by CuraLinc Healthcare, an independent employee assistance provider staffed by certified and licensed mental health providers able to respond to a variety of issues.

LAWYERS HELPING LAWYERS VOLUNTEER PEER PROGRAM

Sometimes you just need someone to listen who has been in the same place. The LAP's Lawyers Helping Lawyers (LHL) peer-to-peer program is for Bar members who are suffering from stress, depression, addiction or other personal issues in their lives. Members who have volunteered to serve as peers are matched with those who request peer assistance through online matching based on criteria selected by the participants. To ensure confidentiality, volunteers' names and contact information are not available on the website, only identified by peer numbers, and only CuraLinc has access to the identifying information that it keeps in an encrypted database.

Find more information at www.georgiaLHL.org.

24/7 toll-free
dedicated hotline:
800-327-9631.

Six prepaid
clinical sessions
per calendar year.

Peer contact
and support.



Lawyer Assistance Program

ADDITIONAL PROGRAMS

SUICIDE AWARENESS & PREVENTION

The State Bar's suicide awareness campaign has a dual purpose, directed toward lawyers and judges who are suffering from anxiety and depression and may be at risk for suicide, as well as all Bar members, who need to recognize the severity of the problem and be able to identify warning signs among their colleagues.

www.gabar.org/suicideawareness

SOLACE

SOLACE is a State Bar program designed to assist any member of the legal community in Georgia who suffers serious loss due to a sudden catastrophic event, injury or illness.

www.gabar.org/SOLACE

LAWYERS LIVING WELL

We've made lawyer wellness a priority. Visit lawyerslivingwell.org to view articles and resources related to wellness, and learn more about State Bar programs that help lawyers in their lives and practices.

www.lawyerslivingwell.org

